



Pizza Scrolls

GREEN

Makes approximately 12 Scrolls

Ingredients:

2 cups Greek yoghurt
2 cups of self-raising flour
½ cup of tomato paste
½ cup of reduced fat cheese

Filling options:

¼ cup shaved ham (chopped)
¼ cup of onions (chopped finely)
¼ cup of capsicum
½ cup chopped spinach
¼ pineapple chopped

Method:

1. Heat oven to 160°C.
2. Add Greek yoghurt to self-raising flour and mix until it becomes a firm dough.
3. Roll dough to 5mm thick using a rolling pin on a floured surface.
4. Spread on the tomato paste evenly, add cheese and toppings of your choice.
5. Roll dough into a long sausage and cut into slices — around 1cm thick.
6. Place rolls on a lined baking tray and cook in oven for 10-15 minutes and serve.